



# The Rancho Mirage Instrumental Music Program and Colorguard "Weekly"

Dec 4 – Dec 8, 2017

*"The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand." - Vince Lombardi*

# General Announcements:

- **A NEW MEMBER** – Now is the best time of year to re-connect with the students that you met at Band Day, and spread the word about our program to those who weren't there. This is a great opportunity to go to the middle schools and become a mentor to students who play instruments like yours! You will not only be gaining valuable experience expanding your musical skills while you help them, but you will be assisting the RMHS Band program in expanding its interest and legacy. Visit your middle school programs and tell them why they should be a member of the **SOUND**.
- **COLLEGE BAND AUDITIONS & SCHOLARSHIP OPPORTUNITIES** – We encourage all of our Rancho Mirage musicians to consider playing in college band, whether or not they plan to be music majors. College bands provide an excellent opportunity to meet other students from across the campus and from different majors. Different colleges offer different scholarship opportunities for incoming students, both music majors and non-majors. We encourage our seniors to research the music opportunities at the colleges of their choice and to continue furthering their musical experience! While our program does not endorse one college music program over another, we occasionally receive college band audition materials in the mail and offer this information to our students. The following college programs have sent us this information:

Cal State Fullerton

[www.music.fullerton.edu/](http://www.music.fullerton.edu/)

Cal State L.A.

[www.calstatela.edu/mtd](http://www.calstatela.edu/mtd)

Cleveland Institute of Music

[www.cim.edu/admission](http://www.cim.edu/admission)

College of the Desert

<http://www.collegeofthedesert.edu/students/ap/sas/arts/Pages/music.aspx>

University of Hartford's "Hartt School"

[www.hartford.edu/hartt](http://www.hartford.edu/hartt)

Ithaca College School of Music

[www.ithaca.edu/sma](http://www.ithaca.edu/sma)

Michigan State University

[www.msuc.msu.edu/explore](http://www.msuc.msu.edu/explore)

Mount San Antonio College

<http://www.mtsacband.com/>

Pacific Lutheran University

[www.plu.edu/music](http://www.plu.edu/music)

Pepperdine University

<http://seaver.pepperdine.edu/finearts/undergraduate/music/>

San Francisco Conservatory of Music	<a href="http://www.scfm.edu">www.scfm.edu</a>
San Jose State University School of Music	<a href="http://www.sjsu.edu/musicanddance/">http://www.sjsu.edu/musicanddance/</a>
Sonoma State University	<a href="http://www.sonoma.edu/music">www.sonoma.edu/music</a>
Texas Christian University	<a href="http://www.music.tcu.edu">www.music.tcu.edu</a>
University of California, Davis	<a href="http://www.music.ucdavis.edu">www.music.ucdavis.edu</a>
University of California, Los Angeles	<a href="http://www.band.ucla.edu">www.band.ucla.edu</a>
University of California, Riverside	<a href="http://www.music.ucr.edu">www.music.ucr.edu</a>
University of the Pacific	<a href="http://www.go.pacific.edu/audition">www.go.pacific.edu/audition</a>
University of Redlands	<a href="http://www.redlands.edu/music">www.redlands.edu/music</a>

- **COLLEGE MAJOR...MUSIC?** -- Please visit the “Forms/Docs” page of our program website at <http://www.rmhsbands.org/> and read the article entitled “What it Takes to be a Music Major.” Also, visit this great website: <http://www.majoringinmusic.com/>.
- **DONATIONS NEEDED** – The band and color guard program is in immediate need of donations of the following items. The school budget does not provide for these items. If each student could commit to bring even one item throughout the semester, it would be greatly appreciated, and will help preserve our precious budget money for more urgent issues like instrument repair. Thanks so much to those who have already donated!
  - **1” wide blue painters’ tape.**
  - **AA, AAA & 9 volt batteries for our instrument tuners and metronomes.**
  - **Electrical Tape (All Colors)**
  - **Field Marking Paint (White, Orange, Yellow)**
  - **Copier for Band Room**
  - **Lumber for Instrument Room Shelving**
  - **EZ-UP Canopies**
  - **Refrigerator for Workroom**

- **HONOR BAND & ORCHESTRA OPPORTUNITIES** – Participation in an honor bands & orchestras provides a challenging, musically rewarding opportunity for students and helps them to advance their musical knowledge and understanding beyond simply playing in their own high school groups. Honor group participation also looks great on college and university applications. Honor groups are “extra,” meaning that they are in addition to your first commitment, which is to your own program here at Rancho Mirage. Mr. Gaylord does grant some schedule exceptions to honor band students when overlaps occur, but as always it is the student’s responsibility to work this out in advance. We encourage all of our students to seek out an honor band or orchestra experience this school year.
  - SCSBOA ALL-SOUTHERN HONOR BANDS, ORCHESTRA, AND JAZZ BAND –Please visit [www.scsboa.org](http://www.scsboa.org) and click on the “Honor Groups” tab for full information. All applications MUST be submitted online along with your \$30 application fee payable via credit/debit card. No other payment method will be accepted. Incomplete applications will not be processed. The time-stamped deadline for High School applications/fees is 11:59 PM on November 3, 2017. Applications/fees will not be accepted or processed after the 11:59 PM timestamp on November 3, 2017 and no audition times will be issued. No walk-in applications or payments will be accepted. Directors will receive a listing of students from their school who wish to audition for verification and audition approval. Deadline for verification to the SCSBOA office will be no later than November 10, 2017.
- **INSTRUMENTAL MUSIC LESSONS** – We cannot possibly overstate the value of a band student taking private lessons on his/her instrument. Aside from daily individual practice, obviously, there really is no other single way for a musician to improve their skills than to take individual lessons with a professional. These can be a simple half-hour a week, or an hour twice a month or (ideally) an hour a week. The band experience is a full group experience and does not contribute to individual growth of each player nearly as fast as private lessons can. Our master classes are like a group lesson, but individuals gain more from one-on-one attention. “Do you take private lessons on your instrument?” is one of the very first questions we ask students in any of our auditions; followed by, “How often?” and “With whom?” The following is a list of program-approved lessons teachers. Certainly there are other teachers in our area and many are fine people and well qualified. THESE folks however have our highest endorsement. We will continue to add to and amend this list as best we can. GO FOR IT!

<u>Instrument</u>	<u>Name</u>	<u>Email</u>	<u>Phone Number</u>
Flute	Jennifer Dean Joyce Lawrence (Oboe)	<a href="mailto:jdean@psusd.us">jdean@psusd.us</a>	818-606-5060
Clarinet	Thom Morales	<a href="mailto:thommorales@gmail.com">thommorales@gmail.com</a>	951-452-7676
Saxophone	Nick Casillas	<a href="mailto:nicholascasillas@gmail.com">nicholascasillas@gmail.com</a>	951-515-2760
Brass	Abel Santos	<a href="mailto:horn4as@gmail.com">horn4as@gmail.com</a>	619-402-4702

- **MUSICAL INSTRUMENT REPAIRS AND PURCHASE** – These local vendors (listed in alphabetical order and with no particular ranking) receive our program’s recommendation!
  - Bocal Majority – Double Reed Store  
940.206.4527  
[www.bocalmajoritystore.com](http://www.bocalmajoritystore.com)
  - JKEAA Music  
19069 Van Buren Blvd  
Suite 113  
Riverside, CA 92508  
951.789.1422  
[jkeaamusicervices@gmail.com](mailto:jkeaamusicervices@gmail.com)
  - Nick Rail Music  
Bob Estopinal, Educational Sales Representative  
1770 Orange Tree Lane Redlands, CA 92374  
909.815.2814  
[bob@nickrailmusic.com](mailto:bob@nickrailmusic.com)  
[www.nickrailmusic.com](http://www.nickrailmusic.com)
  
- **PARENTS** – Please know that Mr. Gaylord has an open door policy. If you have a concern, we are happy to address this issue with you directly. Parents are encouraged to email Mr. Gaylord at: [mgaylord@psusd.us](mailto:mgaylord@psusd.us) to discuss any issues, ask questions, or set-up an appointment to talk in person. Complaints sent via anonymous note or anonymous phone message are not given credence. Thanks!
  
- **REGISTER NOW** – *for Idyllwild Arts Camp!* Potential students and recruits, please visit the online catalog at [www.idyllwildarts.org](http://www.idyllwildarts.org) right away. The jazz camp has a capped enrollment for this upcoming summer. Open spots will fill *quickly!* Many RMHS musicians have attended this camp in past years and it is a very fine opportunity. All of our students who have attended in the past have come back as better musicians! Check it out!

- **TIPS TO BE STRESS FREE** – Rehearsal schedules, performances and other commitments can make for an exceptionally stressful time of year, especially as the weather is cold and immune systems tend to be weaker.

**1) Start the day right.** Try to find a routine – get up a little earlier than you typically do. Eat something before you start your day. It’s important to set the tone for the rest of your day.

**2) Relax.** Find moments of calm in our ever-busy lives and schedules is important when it comes to maintaining a balanced lifestyle. These moments can be anything that you find relaxing, such as running, listening to music, reading a book, playing your instruments for pure enjoyment, or just sitting and breathing – we often forget to truly let our bodies and minds relax.

**3) Detox from digital devices.** Managing stress has become more difficult as fear of missing out has become more and more a part of our digital lives. Digital detoxing has become increasingly important as far as stress management is concerned – try turning your phone off for one day a week or a month. You might be surprised at how liberating it feels. As we continue to be more invested and deeply concerned with the online versions of our lives we bring on more stress and a more confused identity. Making time to see friends and family in person has been linked to people reporting feeling more fulfilled and happy.

**4) Get some sleep.** Getting plenty of rest is also a key part of stress reduction. If you have trouble falling asleep or staying asleep, try some of these tips and tricks. Keep a pad of paper and a pen next to your bed to jot down any lingering thoughts that are keeping you awake. Also, eliminate digital light in the wee hours of the night and reserve your bed for only sleep.

All in all, incorporating even just a few of these suggestions into your new health routine will have you feeling a little more at ease and stress-free. When in doubt, just take a few moments for yourself and/or a few deep calming breaths. It’s truly amazing what a few breaths with intention can do.

(by Haley Greenwald-Gonella as published in the January/February 2014 edition of *Halftime Magazine*)

# Schedule for this week:

Monday, December 4, 2017

- Regular Start Day
  - **FULL ENSEMBLE** Rehearsal for Symphonic Winds in the Band Room from 3:15-6:00pm. Be prepared BEFORE rehearsal on your parts so that we can work on MUSIC. Remember, full rehearsal is to learn other people's parts, not your own.
    - **Rehearsal Order**
      - **Prelude, Siciliano, and Rondo**
      - **...And the Antelope Play**
      - **Galop**
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Tuesday, December 5, 2017

- **No rehearsal after school. Please pick-up your instrument and any other belongings out of the band room by 4PM.**
- **Symphonic Winds Concert with COD @ Indian Wells Theater** – We are the special guests on this combined concert with COD. This is an important performance for the ensemble; please be prepared and show the decorum that we expect from Rancho Mirage. We perform after the COD Wind Ensemble, and before the COD Jazz Band. Information is as follows:
  - Address: 37-500 Cook Street Palm Desert, CA 92211
  - Students are responsible for their own transportation to COD (Indian Wells Theater).
  - We will need to take Timpani and Large instruments with us in the trailer.
  - **Call time @ COD: 6:00PM**
  - Dress: Concert Black and White
    - General Attire Guidelines: Please remember that a classy uniform look is our main goal with the concert attire.
      - 1. No tennis shoes of any kind. No slip-on sandals. No flip-flops. (Men: Black **Dress Shoes**)
      - 2. Hair should be combed neatly, as you would for a “formal” event.
      - 3. No large earrings or excessive jewelry.
      - 4. Ladies’ makeup should be minimal.
  - Performance Time: 7PM
  - Make sure you have the following music with you in your Folder (Performance Order)
    - Prelude, Siciliano and Rondo
    - ...And the Antelope Play
    - Galop
  - The room will be open after the performance in order to return large instruments to the band room. If you are able to help, please assist us in getting them in the room.

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Wednesday, December 6, 2017

- There are no after-school rehearsals today. Use this time to get caught up on homework, attend doctor's appointments, tutoring, etc.
  - **ASSIGNMENT (for all students)**—All instruments, music, and equipment will go home for the weekend. Lockers must be completely empty, and as a reminder the Band Room is now a Viper-free zone. Take 'em home, please! The Band Room will be open today until 3:30PM. Prior to that time, please make arrangements to have all lockers cleared and locked for the weekend. Students, please do not ask another teacher, security guard, or custodian to open the room for you after it has been
  - locked. This creates a security and liability issue for the school. The band room is not accessible after 3:30PM today -- please plan ahead.
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Thursday, December 7, 2017

- Regular Start Day
  - Colorguard Winter Audition - 3:30-8
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Friday, December 8, 2017 –

- There are no after-school rehearsals today. Use this time to get caught up on homework, attend doctor's appointments, tutoring, etc.
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Saturday, December 9, 2017 –

- • No Rehearsal Today. Prepare for your fall instrumental jury. Juries will be December 11<sup>th</sup> and 12<sup>th</sup>. Students will be required to perform:
  - Any of their 12 major scales (Memorized) – Instructors will choose
  - Their Symphonic Music from the fall
  - Sight reading



# Upcoming Events:

- **UPDATES to the schedule are listed in bold type!**
- **Please do not prioritize this list! All events listed here carry equal weight and importance in our minds and for our program. A field show competition performance is as important as a football game, as a booster club meeting, as a concert festival, as a jazz band event at the junior high school, as field show championships. If it's on this list, it's required, and it's important. Please know this!**
- In addition to the school-day class-time rehearsals and the events listed below, Sound and Pageantry (band and guard) students also participate in weekly marching band rehearsal every Wednesday evening from 4-8pm in the football stadium, beginning on the first week of school until winter break.
- In addition to the school-day class-time rehearsal and the events listed below, all Symphonic and Jazz students participate in semi-weekly master class rehearsals in the afternoon from 3:15-6:00pm at the band room, beginning the first week of second semester through until the last week of school.
- “Call Time Sheets” which give specific details (when and where to arrive, what to wear, what to bring with you, etc.) will be posted on this “Weekly” page approximately one week prior to the scheduled event.

	Who	What	Where	Time	Vehicles Needed
<b>Aug - 17</b>					
8/10/17	All Students	First Day of School	RMHS	Late Start Day	
8/11/17	Sound & Pageantry	First MB Rehearsal	RMHS North Field	3:15-6pm	
8/16/17	Sound & Pageantry	First Stadium Rehearsal	Jerry Argovitz Stadium	4-8pm	
8/19/17	Sound & Pageantry	March-A-Thon	Helene Galen Theater / Jerry Argovitz Stadium	TBA	
<b>Sep - 17</b>					
9/4/17	All Students	No School (Labor Day)			
<b>9/6/17</b>	<b>All Parents &amp; Boosters</b>	<b>Booster Meeting</b>	<b>RMHS Band Room</b>	<b>6:30pm</b>	
9/8/17	Sound & Pageantry	First Home Football	Jerry Argovitz Stadium	4pm-9:30pm	
9/16/17	Sound & Pageantry	Saturday Rehearsal	RMHS	9-12	
<b>9/29/17</b>	<b>Sound &amp; Pageantry</b>	<b>Home Football</b>	<b>Stadium</b>	<b>4pm-9:30pm</b>	

9/30/17	Sound & Pageantry	Saturday Rehearsal	RMHS	9-12	
<b>10/3/17</b>	<b>Sound &amp; Pageantry</b>	<b>Community Performance</b>	<b>Omni Resort</b>	<b>TBA</b>	<b>Bus/Trailer</b>
<b>10/4/17</b>	<b>All Parents &amp; Boosters</b>	<b>Booster Meeting</b>	<b>RMHS Band Room</b>	<b>6:30pm</b>	
10/7/17	Sound & Pageantry	WBA Show	Vista Murrieta HS	TBA	Trailer
10/20/17	Sound & Pageantry	Home Football (MS Band Night)	Jerry Argovitz Stadium	7pm	
10/21/17	Sound & Pageantry	WBA Show	Palm Desert HS	TBA	Trailer
10/27/17	Sound & Pageantry	Home Football (Homecoming)	Jerry Argovitz Stadium	7pm	
10/28/17	Sound & Pageantry	WBA Show	Riverside City College	TBA	Trailer
<b>Nov -17</b>					
<b>11/1/17</b>	<b>All Parents &amp; Boosters</b>	<b>Booster Meeting</b>	<b>RMHS Band Room</b>	<b>6:30pm</b>	
11/3/17	Sound & Pageantry	Home Football	Jerry Argovitz Stadium	7pm	GET TOGETHER WITH DSHS
11/7/17	Sound & Pageantry	SCSBOA Show	Shadow Hills HS	TBA	
<b>11/14/17</b>	<b>Sound and Pageantry</b>	<b>Band-O-Rama</b>	<b>CCHS</b>	<b>TBA</b>	
11/20-24/17	All Students	No School	Thanksgiving Break		
<b>11/28</b>	<b>Symphonic Winds</b>	<b>Rehearsal</b>	<b>Band Room</b>	<b>3-5:30</b>	
<b>11/29</b>	<b>Symphonic Winds</b>	<b>Rehearsal</b>	<b>Band Room</b>	<b>3-5:30</b>	
<b>11/30</b>	<b>Empire Wind Orchestra</b>	<b>Benefit Performance</b>	<b>Theater</b>	<b>7pm</b>	<b>\$21/Family \$26/Family at the door</b>
<b>11/2</b>	<b>Symphonic Winds</b>	<b>Rehearsal</b>	<b>Band Room</b>	<b>3-5:30</b>	
<b>Dec -17</b>					
12/5/17	Symphonic Winds	Joint COD Concert	Indian Wells Theater	TBA	
<b>12/6/17</b>	<b>All Parents &amp; Boosters</b>	<b>Booster Meeting</b>	<b>RMHS Band Room</b>	<b>6:30pm</b>	
<b>12/11-12/17</b>	<b>Symphonic Winds</b>	<b>1<sup>st</sup> Semester Juries</b>	<b>Band Room</b>	<b>TBA</b>	
12/9-11/17	Colorguard	Winter Guard	Band Room	4-7pm	

		Tryouts			
12/16 – 1/9/18	All Students	Winter Break			

**\*Please make note of these important dates as you plan your schedules – students who are absent from the activities listed above may be dropped from the program.**

**\*Again, Please do not prioritize this list! All events listed here carry equal weight and importance in our minds and for our program.**

**\*Advanced-planning and accountability are very crucial to the success of our program!**

***SOUND STRONG!***